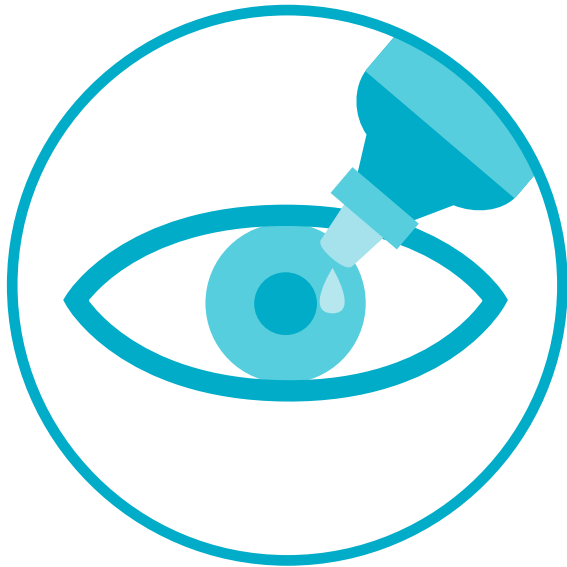


use your eye drops the right way

正确使用眼药水



- 1** Wash your hands with soap and water before you apply the eye drops.
请用肥皂与清水洗手。



- 2** Read the instructions on the label.
详阅标签上的说明。



- 3** Shake the bottle before using the medication.
使用前，先摇动瓶子。



- 4** Remove the seal.
除去封条。



- 5** Sit with your head tilted backward and look up.
坐定后把头部向后倾，眼睛往上看。



- 6** Using a finger, gently pull down the lower eyelid to form a pocket.
用一根手指把下眼皮往下轻拉，使它形成袋状。



- 7** Hold the bottle with the dropper as close to the eye as possible. Avoid touching the eye with the dropper.
尽量将滴管尖端靠近，但不触摸眼睛。



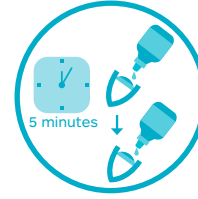
- 8** Apply one drop into the eye. Replace the eye drops cap after each use.
把一滴药水滴进眼里。使用后，请将眼药水瓶盖好。



- 9** Place your finger against the inner corner of your eye for 1 minute. This prevents medication from entering the tear duct.
用手指按住内眼角一分钟，以防止眼药水进入泪管。



- 10** Close your eye gently and minimise blinking. Do not rub your eyes. Wipe off any excess drops around the eye with a tissue.
轻轻闭上眼睛并减少眨眼，不要揉擦眼睛。用纸巾抹去眼睛周围多余的眼药水。



- 11** If you have to apply 2 different types of eye drops at the same time, apply the second eye drop 5 minutes after applying the first. This allows the two different eye drops to work better.
如果需要同时使用两种不同的眼药水，在滴完第一种后须等五分钟才能滴另一种，两种不同的药水才能发挥更大的效用。