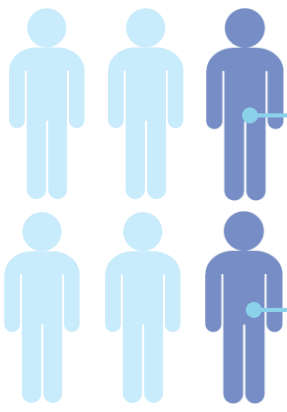


Diabetes in Singapore

Did you know?



1 in 3 people with diabetes **do not know** that they have it.

Among people with diabetes, **1 in 3** continue to have high sugar levels.

Look out for these early signs of diabetes



Hunger and fatigue



Dry mouth and itchy skin



Peeing more frequently and being thirstier



Blurred vision

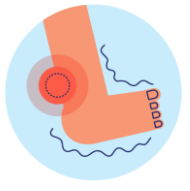
Other symptoms



Slow-healing sores or cuts



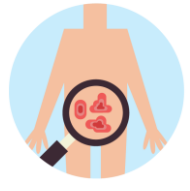
Unplanned weight loss or gain



Pain or numbness in your feet or legs

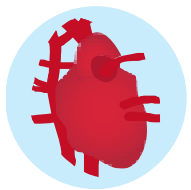


Nausea and vomiting

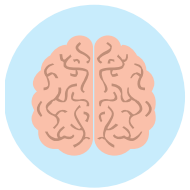


Yeast infections

Poor control may lead to these complications



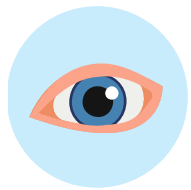
Coronary heart disease



Stroke



Kidney damage



Eye damage

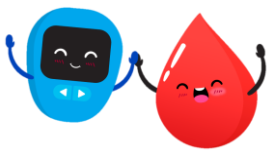


Diabetic foot



Nerve disease

Source: Health Hub



Find out how to manage your diet and lifestyle if you have diabetes [here](#).



Do you have any questions about your diabetes medicines? [Ask now!](#)

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Simply scan the reader over the sensor worn on the back of your upper arm to check your blood sugar level.



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3AR1-3P
(U.P. \$129.00)

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FREE!
Adapter

\$99



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Tea 60s
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save **17%**

\$28.90



Nutren
Diabetes Vanilla Powder 800g
(U.P. \$44.90)

save **\$5**

\$39.90

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between 7pm and 10.30pm
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