






Types of medicines to avoid during pregnancy



| Type of medicines | Examples |
|--|--|
| Medicines used to thin the blood  | <ul style="list-style-type: none"> Warfarin Aspirin |
| Painkillers  | <ul style="list-style-type: none"> Non-steroidal anti-inflammatory drugs (NSAIDs) E.g. Mefenamic acid, Ibuprofen, Naproxen |
| Medicines used for high blood pressure  | <ul style="list-style-type: none"> Angiotensin Converting Enzyme Inhibitors (ACE-I) E.g. Enalapril, Captopril, Lisinopril Angiotensin Receptor Blockers (ARBs) E.g. Losartan, Valsartan, Telmisartan  |
| Acne medicines  | <ul style="list-style-type: none"> Retinoid derivatives E.g. Tretinoin, Adapalene, Isotretinoin |

Risks of harm include:

- Delay in the development of your unborn child
- Intellectual disability of your unborn child
- Birth defects
- Increased risk of miscarriage
- Premature labour
- Stillbirth



Medicines that can be used during pregnancy

- No medicines are considered 100% safe to use during pregnancy.
- Click [here](#) for the list of medicines that have some safety data supporting its use during pregnancy, when you take it according to your doctor's instructions.



Always check with your doctor or ask our pharmacist before taking any medicines or supplements, especially during your first trimester.

HEALTH + advice tips

Online Shopping



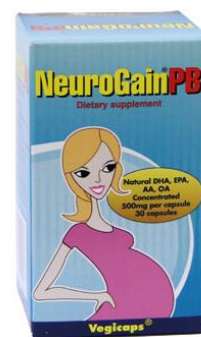
\$13.90

Nature's Essence
Iron Plus 70s



\$15.90

Predictor
Home Pregnancy Test Kit



\$34.65

NeuroGain PB
Fish Oil for Mother 30s



Collect at any pharmacies
in NHGP and NUP
(Except Ang Mo Kio)



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Night delivery available on weekdays,
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