

Topic	Medicines	Legal Classification
Hemorrhoids	Topical Applications	
	Proctosedyl (ointment or suppository)	Prescription needed
	Bismuth (suppository or tablet)	Over the counter
	Lignocaine (jelly or ointment)	Over the counter
	Preparation H (ointment or gel)	Over the counter
	Witch Hazel	Over the counter
	Oral medicines for Hemorrhoids	
	Micronized purified flavonoid fraction 500 mg (diosmin 90%, hesperidin 10%) Daflon [®]	Over the counter
	Oral medicines for Constipation	
	Ispaghula husk (Fybogel [®])	Over the counter
	Lactulose Syrup	Over the counter
Psyllium (Metamucil [®])	Over the counter	