

Medicines to Treat Sore Throat

Generic name (Active ingredient)	Dosage	Common side effects	Special precautions	Legal status
Pharmacy Only Medicine				
Dorithricin [®] (contains Benzalkonium, Benzocaine, Tyrothricin)	<p>For adults and children (avoid use in young children): 1 lozenge to be dissolved slowly in the mouth every 2 hours; adults up to 8 lozenges and children up to 6 lozenges per day.</p> <p>To ensure success of therapy, lozenges should be continued for one day after the symptoms have subsided.</p>	Contraindications: <ul style="list-style-type: none"> • Hypersensitivity reactions 	NA	Pharmacy only item
Trachisan [®] (contains Chlorhexidine, Lidocaine, Tyrothricin)	<p>Adult: 1 lozenge to be dissolved slowly in the mouth every 2 hours up to a maximum of 8 lozenges a day</p> <p>Children (avoid use in young children): 1 lozenge to be dissolved slowly in the mouth every 2 hours up to a maximum of 6 lozenges a day</p> <p>To ensure success of therapy, lozenges should be taken 2-3 days longer after the symptoms have subsided.</p>	<ul style="list-style-type: none"> • Taste disturbances • Yellow to brownish discoloration of tongue and teeth (if used over a long period) Contraindications: <ul style="list-style-type: none"> • Hypersensitivity reactions 	<ul style="list-style-type: none"> • NA 	Pharmacy only item

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Benzydamine Hydrochloride (Difflam [®])	<p>Lozenges: For adults and children over 6 years of age: 1 lozenge to be dissolved slowly in the mouth every 1 to 2 hours up to a maximum of 12 lozenges per day.</p> <p>Solution: Adult: 15 mL every 3 hours Children over 6 years of age: 5 to 15 mL every 3 hours</p>	<ul style="list-style-type: none"> • Oral numbness • Occasionally burning/stinging sensation • Dryness/thirst • Tingling, warm feeling in the mouth • Altered sense of taste <p>Contraindications:</p> <ul style="list-style-type: none"> • Hypersensitivity reactions 	<ul style="list-style-type: none"> • Excessive consumption may have a laxative effect • Use with caution in patients with severe hepatic or renal impairment • Pregnancy 	Pharmacy only item
Over the Counter Medicine				
Dequalinium Chloride BP	For adults and children (avoid use in young children): 1 lozenge to be sucked slowly and repeatedly when necessary	Nil	NA	Over the counter
Phenol 1.32% (Cepastat)	For adults and children over 6 years of age: 1 lozenge to be dissolved slowly in the mouth every 2 hours up to a maximum of 8 lozenges per day.	Nil	NA	Over the counter