Clear Vision



Treat the occasional red or itchy eyes

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Treatment

Red or itchy eyes may happen because of dry eyes, allergies, injuries or infections. To reduce the chances of red or itchy eyes happening, you should avoid dust, pet fur or dry air.

You should check with a doctor if you experience any eye pain, discharge at the eye, problems with your eyesight or headaches.

Medicines to treat	How it works
Sterile saline eye washes*	» Wash out loose foreign particles or irritants in the eye
Saline or cellulose-based eye drops*	» Moisturise the eyes
Decongestant eye drops*	» Make the blood vessels narrower to reduce the redness in the eye (should not be used for more than 3 days)
	» If you have glaucoma, check with your doctor or pharmacist first before using

Medicines to treat	How it works
Decongestant + Anti-histamine eye drops*	 » Make the blood vessels narrower to reduce the redness in the eye (should not be used for more than 3 days) » Relieve itchy and watery eyes » If you have glaucoma, check with your doctor or pharmacist first before using
Anti-histamine tablets^ » Chlorpheniramine » Loratadine » Cetirizine	» Relieve itchy and watery eyes

- * Medicines that can be bought over-the-counter.
- ^ Pharmacy-only medicines that can only be bought after consultation with a pharmacist.

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- How to prevent red or itchy eyes
- When to see a doctor

