

Loud + Clear



Treatment for ear wax

Ear Wax

Ear wax is produced by the ear canal to lubricate and protect the ear from infections. When we talk or chew, the movement of the muscles around the ears will move the ear wax towards the outer ear, where it falls out.

However, ear wax builds up and blockage can happen when you use items such as cotton buds to clean your ears. In this case, the ear wax gets pushed deeper into the ear and gets impacted.

Ear wax softeners can then be used to soften the ear wax so that it is easier for the wax to move out. You should check with a doctor if there is very bad pain, discharge from the ears or if you experience sudden hearing loss.

Types of ear wax softener

Brand/Type	Ingredients
Cerumol®	Arachis oil 57%, Chlorbutol 5%
Olive Oil	Olive oil
Soluwax®, Waxol®	Docusate sodium
Tropex®	Phenazone

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- How does ear wax build up
- Symptoms of excessive ear wax
- Medicines to manage ear wax
- General ear care tips
- When to see a doctor



How do you use a ear drop?

1



Wash your hands before you apply the ear drops.

2



Read the instructions on the label.

3



Remove the seal.

4



Shake the bottle before using the medicine.

5



Lean your head to one side so that the ear to be treated is facing upwards.

6



Pull your ear backwards and upwards. For children less than 3 years old, pull the ear backwards and downwards.

7



Apply the right number of drops into the ear. Avoid touching the ear with the dropper.

8



Remain in the same position for about 5 minutes to allow the medicine to flow into the ear.