

Nail the Problem



Treating fungal nail infections

Fungal Nail Infections

Fungal nail infections are a common condition which attack the nail bed. Fungi often live on your skin without causing any issue, but they can sometimes increase in numbers and lead to infections. Fungal nail infections may not be obvious at the beginning as the infection grows slowly and begins as a white or yellow spot under the tip of your fingernail or toenail.

As the infection grows, it may cause:

- » Changes in nail colour
- » Thickening and changes in the shape of the nails
- » Pain
- » Nails that break or crumble easily

Treatments for fungal nail infections

Type	Medicines
Topical cream	<ul style="list-style-type: none">» Clotrimazole*» Miconazole*» Terbinafine*
Topical lotion	<ul style="list-style-type: none">» Clotrimazole*

Treatments for fungal nail infections

Type	Medicines
Topical nail lacquer	<ul style="list-style-type: none">» Amorolfine[^]» Castellani's Paint[^]
Oral medicines	<ul style="list-style-type: none">» Itraconazole[#]

* Medicines that can be bought over the counter.

[#] Medicines that must be prescribed by a doctor.

[^] Pharmacy-only medicines that can only be bought after consultation with a pharmacist.

The time needed to treat fungal nail infections can take up to a few months, usually until the new nail has grown back completely. This duration depends on how serious the infection is and the treatment used.

Scan the QR code to find out more about

- How to identify fungal nail infections
- Self-care and prevention of fungal nail infections

